



<p>Loneliness Awareness Week June 15th-21st</p> <p>Many people are lonely, especially as they get older and maybe have lost their loved ones.</p>		<p>If you think that someone near you is feeling this way, then invite them in for a cuppa - or even a cream tea! Or bring them along to a coffee morning and introduce them to some new u3a friends!</p>	<p>June 26th National Cream Tea Day</p> 
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Next Coffee Morning is Wednesday 3rd June at 10.30am in the Hall Front Room



One of the pleasures of being retired is chatting with friends over a coffee! At our coffee mornings there is a chance to meet new friends, often newly joined members who are a bit nervous about not knowing anyone. Don't forget there is no such thing as a stranger – they are just friends you have yet to meet so come along and meet them on Wednesday!

The next Open Meeting is on Thursday 11th June at 2pm in Westerham Hall 'The Day the Music Died' (the story of Rock 'n' Roll) by Mike Grillo. Combining his experience as a qualified lecturer in further education, with his extensive knowledge of the music industry, Mike talks about the story of Rock 'n' Roll, following the death of Buddy Holly, Ricky Valance and the Big Bopper in 1957.



Dates for your Diary

Wednesday 1st July - Coffee morning

Thursday 9th July - Open Meeting – 'A Beginning, a 'Muddle!' & and End' by Bobbie Darbyshire
Where do novelists get their ideas? She will explain how the complex world of character, location, plot and subplot arrives in a writer's mind.

June 1st - 5th Northumbria Holiday

Gary organized a 'Meet Your Fellow Travellers' evening buffet in Westerham Hall at the end of May which proved to be an excellent opportunity to meet members who will be spending the first week of June together in Northumbria. There is considerable excitement about the trip so, if you didn't manage to get a place this year, make sure you register early for 2027!

NEW! Poster Board contact Chris westerhamu3a@hotmail.co.uk

The idea of this is to allow members to 'advertise' items or services that they want or can provide. If you have items you no longer need, send details to Chris and they may well find a new home! If you find you have difficulty exercising your dog, you may find someone who would be glad of the exercise, or you may be a keen gardener who could help someone keep theirs tidy. Obviously, these services may not be free, but you will agree conditions between yourselves. There will be certain restrictions on what can be displayed so, in the first instance, send your request to Chris.

Hospice in the Weald

Hospice in the Weald provides support for the community in West Kent and East Sussex. All funds raised from their events help the Hospice in the Weald in its provision of free care for people facing life limiting illness, and their loved ones, when they need it most. The Open Gardens Scheme runs from 19th April - 8th September, and many local ones are supporting them, so [check the website](#) and make a date to visit. They have also organised a Moonlight Walk on Saturday 27th June, view full details and book a place [here](#).

News from the Groups

London Experiences contact Gary westerhamu3a@hotmail.co.uk

Are you interested in experiencing a different side to our Capital? How about dining at 'The Clink' – a smart dining room in Brixton Prison where the inmates prepare and serve European lunches at a cost of around £40 for a 3-course meal? It is an extremely popular venue so Gary is arranging for a group to visit in the autumn, date to be confirmed. Please let Gary know of other 'experiences' that could be explored - and register your interest in 'The Clink' outing.

Drama for All contact Jan westerhamu3a@hotmail.co.uk

I have flooded the market with theatre trips recently, mainly due to my holiday - and the number of excellent plays being offered over the next few months. It is hard to know your plans so far ahead, but I must ask you to make your decision quicker! Recently, for 'Arcadia', I failed to reach the required minimum of 10 to qualify for the Group Discount so was on the verge of cancelling. I sent out one last email and ended up with an extra 7 wishing to go! I managed to get some extra tickets but it does create a lot of extra work for our hard-working treasurer. There is usually an opportunity to pass on tickets nearer the time if you find you can't go.

London Explorers contact Liz westerhamu3a@hotmail.co.uk

For the May visit members of the LE group visited Fishmongers' Hall, home of one of the oldest Livery Companies of the City of London. Established in 1272 they have combined aims of supporting a thriving seafood trade together with charitable work and wider community initiatives. The visit to their wonderful London HQ began with a brief history and introduction, accompanied by coffee and biscuits, enjoyed by all of course! On a tour of the house we were given insights into various artefacts and portraits including a beautiful one of the late Queen Elizabeth II painted by Pietro Annigoni. The Hall has a more recent history - a violent attack at a conference being held in the building in 2019. A narwhal tusk was used to fend off the attacker but, sadly, 2 people died and the attacker was shot by police. We were very grateful to Peter the Curator for making the visit so interesting and to Liz for organising another successful event.



(by Eileen Camlin)

Line Dancing contact Wendy Harvey westerhamu3a@hotmail.co.uk

Up until last month, on alternate Mondays, the hall was filled with music and laughter with dancers of all abilities 'strutting their stuff'! Unfortunately, the instructor has moved on at short notice so the sessions have had to be cancelled. If you, or someone you know, would be prepared to take on the class, please contact Wendy at once so that the fun can resume!



Flower Arranging contact Stuart westerhamu3a@hotmail.co.uk



Sadly, this group has also lost its leader! Are you a competent flower arranger? Could you help others to improve their skills? The group currently meets monthly on Friday afternoons in Westerham Hall so please contact Stuart to ensure that this group can continue.

Historic Houses/Local Studies/Architecture contact Jan westerhamu3a@hotmail.co.uk

Due to dwindling numbers and a reluctance of members to help with the organisation of the events, these groups are struggling. As the venues appealing to all 3 groups are similar, rather than abandon them, it is proposed that they should merge into 'Interesting Places'. The next event will be a tour of St Mark's Church, Biggin Hill at 10.00 on Friday, 3rd July – with coffee included! Don't be put off by the modern exterior, it has a very interesting story to tell! Regardless of whether you were a member of any of these groups, if you are interested in joining this visit let Jan know.



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