

March 27th is World Theatre Day. If you would like to see some live productions, find out more!



Contact:
For Musicals – Chris
For Drama/Local Theatre – Jan
westerhamu3a@hotmail.co.uk

The next Coffee Morning is on Wednesday 5th March at 10.30am

An excellent opportunity to chat about all the activities, over coffee, in the front room of Westerham Hall. Bring a friend along - and make some new ones!



The next Open Meeting, held in Westerham Hall, is on Thursday 13th March at 2pm 'The History and Restoration of Paddle Steamer, Medway Queen' by Mark Bathurst



The talk tells the story of the ship, from her launch in 1924, to the present day. You will hear about her adventures in WW2, how she was nearly lost to the ship breakers and her current progress to full restoration. Come along and hear the fascinating story of this wonderful little ship!

Dates for your Diary

April 2nd Wednesday – Coffee morning

April 10th Thursday - Open Meeting - SOE - Special Operations Executive by Gilly Halcrow

March 24th Monday - Wellbeing Afternoon - 'Ageing Well and Wisely'!

It is being held in the main Westerham Hall at 1.30pm with visiting speakers: **Sally Salter** of Sevenoaks Primary Care - a Health Coach with a great passion for the outdoors – will talk about 'Food, connection, purpose and movement'; **Professor Norman Lazarus** of Kings College, London - an energetic cyclist at 88 - will share his insights on staying optimally active throughout life; and **Gaye Illsley** of Real Time Care Ltd will cover Lasting Powers of Attorney and how to live independently for longer! Admittance is free - thanks to our grant from the National Lottery Communities Fund - with tea and cake included! This will be a very interesting and informative event so do come along; you are welcome to bring a friend.

Secretary vacancy - Volunteer needed! contact Tony westerhamu3a@hotmail.co.uk

We are looking for someone to take over this key role from Colin and help in the smooth running of our u3a. Key responsibilities include managing correspondence, circulating information, arranging meetings and maintaining effective records. It's an excellent opportunity to become more involved with the group so, if you are interested, please contact Tony for more details

SES Bawl Water Treatment Plant contact Stuart westerhamu3a@hotmail.co.uk

Following a very popular Science Group visit last year, a second tour, open to all, has been arranged for 15th April. Much is in the open, with stairs and walk-ways, so a moderate level of fitness is required. The party is limited to 20 members and there is no charge. This trip is now fully subscribed but contact Stuart to go on the waiting list in case of cancellations.



Saturday 29th March at 7.30pm. London Welsh Rugby Club Choir at Westerham Hall



Westerham Hall welcomes their return for an evening of special Welsh music with conductor, Michael Wyn Jones, and pianist Dafydd Chapman – and you may spot Westerham resident, Harry Planche, in the choir! Tickets are £25 and proceeds will go towards the refurbishment of the hall kitchen. More details and booking

www.ticketsource.co.uk/whmc

Chevening House contact Tony westerhamu3a@hotmail.co.uk



The tour of Chevening, 'grace and favour home of the Foreign Secretary', on 18th June is now fully subscribed and, unfortunately, there are no further opportunities to visit in 2025. There is a (long!) waiting list in case of cancellations so every effort will be made to repeat the trip in 2026.

'Help with Computers' Session 2 – 'WhatsApp' at 2pm on Monday, March 10th

Contact Stuart westerhamu3a@hotmail.co.uk for full details.



With more than 30 people arriving for the 1st session on 10th February, to get more information about emails, it was not surprising that, at times, things got a little chaotic! Who would have thought there were so many different versions of email format, not only between devices but even between different versions of the same device, so it took a while to get everybody logged in and on the right page! Hopefully, everybody learned at least something that they didn't know before! The next meeting, on Monday

10th March, will concentrate on 'WhatsApp' and I am told that, thankfully, there is more standardisation for this than for emails! Hopefully, everybody will have the same page layout as Ian - but Nigel and Mike will be there to help anybody who gets a bit lost. If you only use it for messages – or don't use it at all! - you need to come along as it has many other functions, you can even phone or video-time anyone, anywhere in the world, for free if Wi-Fi is available!

Drama for All – Retrograde contact Jan westerhamu3a@hotmail.co.uk

Response has been limited for this play at 2.30 on Wednesday, 30th April, but before I cancel, take another look! *Ten years before he becomes the first black man to win the Oscar for Best Actor, Sidney Poitier prepares to sign a career-defining Hollywood contract that could make him a star. Will he put his career before his principles? In a time of betrayals, will he name names? Will he sign his life away?* To find out, stalls tickets are just £35!



News from the Groups

New Group 'Tai Chi' contact Stuart westerhamu3a@hotmail.co.uk



The interest in this has been overwhelming so, following the introductory session, Lionel has agreed to run two groups. One will meet on alternate Tuesdays, the other on alternate Thursdays. Currently, both groups are fully subscribed but contact Stuart to register your interest if places become available.

Appreciating Art contact Peter westerhamu3a@hotmail.co.uk

The monthly meetings, on Tuesday afternoons, involve discussing a chosen artist and viewing pictures of their work, accompanied by a lively discussion. Site visits have included immersive experiences as well as the Tirzah Garwood exhibition at Dulwich and in March they will be visiting the National Gallery for 'Siena: The Rise of Painting'. Many thanks to Jill for being the group contact, she has now 'passed the baton' to Peter so if you are interested in joining the group, contact him for more details.



Canasta contact Pam westerhamu3a@hotmail.co.uk



The group is doing very well, with everyone enjoying playing with different members. Thanks to Pam's excellent instruction, those that joined the group as beginners are now playing really well so she is willing to take on some more who wish to learn. If you are interested in trying something new - contact Pam for details. Of course, there is usually room for more experienced players!

You are receiving this as a member of Westerham u3a Charity Number 1178122

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